



**HEALTH ASSESSMENT: (TO BE COMPLETED BY LICENSED HEALTH PRACTITIONER)**

**PHYSICAL EXAM:**

|   |                                    |  |                                 |
|---|------------------------------------|--|---------------------------------|
| LENGTH/HEIGHT<br>_____ IN/CM    %ILE_____ | WEIGHT<br>_____ LB/KG    %ILE_____ | HEAD CIRCUMFERENCE<br>_____ IN/CM    %ILE_____ | BLOOD PRESSURE<br>_____ / _____ |
|---|------------------------------------|--|---------------------------------|

| CHECK ( ) EACH LINE     | NORMA<br>L | ABNORMAL | NEEDS<br>FOLLOW-UP | NOT<br>EXAMINED | CHECK ( ) EACH<br>LINE | NORMA<br>L | ABNORMAL | NEEDS<br>FOLLOW-UP | NOT<br>EXAMINED |
|-------------------------|------------|----------|--------------------|-----------------|------------------------|------------|----------|--------------------|-----------------|
| SKIN/SCALP              |            |          |                    |                 | NOSE, THROAT,<br>MOUTH |            |          |                    |                 |
| NUTRITION               |            |          |                    |                 | TEETH & GUMS           |            |          |                    |                 |
| NEUROLOGY &<br>MUSCULAR |            |          |                    |                 | GLANDS INC.<br>THYROID |            |          |                    |                 |
| ORTHOPEDIC &<br>SPINE   |            |          |                    |                 | CHEST,<br>BREASTS      |            |          |                    |                 |
| EYE                     |            |          |                    |                 | HEART, LUNGS           |            |          |                    |                 |
| EARS                    |            |          |                    |                 | ABDOMEN                |            |          |                    |                 |
| SPEECH                  |            |          |                    |                 | GENITALIA              |            |          |                    |                 |

**TEMPERAMENT:**            \_\_\_ EASY-GOING                            \_\_\_ AVERAGE                            \_\_\_ DIFFICULT  
 COMMENTS:

**ALLERGIES:** INCLUDE ALLERGIES TO FOOD, MEDICATION, OR OTHER SUBSTANCES:

**ASSESSMENT OF PHYSICAL DEVELOPMENT:**

**A. ESTIMATE OF LEVEL OF MATURATION:**

- |                              |              |            |             |
|------------------------------|--------------|------------|-------------|
| A. INFANCY (0-2 YEARS)       | EARLY: _____ | MID: _____ | LATE: _____ |
| B. MID-PRESCHOOL (2-4 YEARS) | EARLY: _____ | MID: _____ | LATE: _____ |
| C. PRESCHOOL (4 YEARS)       | EARLY: _____ | MID: _____ | LATE: _____ |
| D. SCHOOL-AGE (6-10 YEARS)   | EARLY: _____ | MID: _____ | LATE: _____ |
| E. ADOLESCENT (11-18 YEARS)  | EARLY: _____ | MID: _____ | LATE: _____ |

COMMENTS

**B. ESTIMATE OF FUNCTIONAL CAPACITY:**

|                  | DELAYED FOR<br>DEVELOPMENT<br>PHASE | CONSISTENT WITH<br>DEVELOPMENT<br>PHASE | ADVANCED FOR<br>DEVELOPMENT<br>PHASE | COMMENTS: |
|------------------|-------------------------------------|---|--------------------------------------|-----------|
| GROSS MOTOR:     |                                     |   |                                      |           |
| FINE MOTOR:      |                                     |   |                                      |           |
| LANGUAGE SKILLS: |                                     |   |                                      |           |
| SOCIAL SKILLS:   |                                     |   |                                      |           |
| EMOTIONAL:       |                                     |   |                                      |           |

\_\_\_\_\_  
 PHYSICIAN'S SIGNATURE:

\_\_\_\_\_  
 DATE OF EXAM:

\_\_\_\_\_  
 PHYSICIAN'S NAME - TYPED OR PRINTED

\_\_\_\_\_  
 TELEPHONE NUMBER

DATE OF NEXT SCHEDULED EXAM: \_\_\_\_\_